

# Parakuihi

Breakfast

July 2024-June 2025





At Te Pae Christchurch Convention Centre, the food we provide you is a central part of our manaakitanga; our hospitality.

Te Pae Christchurch will make every effort to cater for guests with special dietary requirements, i.e. vegetarian, vegan, kosher, halal, gluten free or lactose-intolerant, or medically diagnosed food allergy anaphylaxis at no extra charge.

Although every possible precaution has been taken to ensure that these menu items are allergen free, certain items may still contain traces of allergic ingredients as they are prepared in facilities that also process milk, egg, gluten containing products, lupin, fish, crustacean, soybean, sesame seeds and nut products.

Menu items may change due to seasonal availability.

All food and beverage prices shown are in New Zealand dollars (NZD) and exclusive of GST. Any other additional special meal requests will incur a \$10 surcharge per person.





# Breakfast

## All Breakfasts include:

Locally roasted, freshly ground and brewed coffee

Harney & Sons tea stations

## Kihinga Kai (Stand Up)

### Express 18

Select one juice and two items (Continental or Savoury)

### Classic 26.5

Includes green grocers' fruit basket

Select one juice or smoothie, One Continental, Two Savoury

## Seated

### Plated 38

Select one juice or smoothie, two continental items, sliced seasonal fruit, one plated breakfast item

### Paepae Mahora "Sharing" 38

Served on platters

Select one juice or smoothie, two continental items, sliced seasonal fruit, one plated item

Enhance your Stand-Up Breakfast with these additions

### Cured meats, hams, salami, selection of Canterbury cheese, artisanal toasted bread, butter and jams 12

Contains Milk, Gluten, Wheat

### Hot porridge 14

oats slow cooked & topped with various seasonal toppings

Contains Milk, Gluten, Wheat

### Omelette station 15

omelettes made to order with various seasonal fillings

Contains Egg, Milk

## Juice

**Orange juice**

**Apple juice**

**Cranberry juice**

**Immunity Juice (carrot based)**

## Smoothie

**Seasonal fruit**

*Contains Soy*

**Triple berry**

*Contains Soy*

**Kale, spinach, and cucumber**

**Mango, passionfruit, and coconut**

*Contains Soy*

## Continental

**House made granola**

seasonal fruit, cinnamon labneh

*Contains Walnuts, Almonds*

**Kiwi and apple overnight oats, house made granola**

*Contains Gluten, Wheat, Walnuts, Almonds, Soy*

**Loaded brioche**

cinnamon labneh, berry compote

*Contains Gluten, Wheat, Milk, Egg*

**Tarata (lemonwood), vanilla frangipane filled mini croissants**

*Contains Wheat, Gluten, Egg, Almonds, Milk*

**Pikelets, fruit conserve, whipped coconut yoghurt**

*Contains Soy, Egg*

**Assortment of sweet pastries**

*Contains Gluten, Wheat, Egg, Milk*

## Savoury Bites

**Crispy bacon buttie**

crispy bacon, tomato relish, mini ciabatta rolls

*Contains Wheat, Gluten, Soy*

**Carrot and quinoa fritters**

**Smashed avocado**

toasted breads, hummus, dukkha

*Contains Gluten, Wheat, Almonds, Sesame*

**Crustless bacon and egg quiche**

*Contains Egg, Milk*

**Karengo (seaweed) cured Akaroa salmon egg tart**

*Contains Gluten, Wheat, Egg, Milk, Fish*

**Spinach, sundried tomato, and olive savoury muffin**

*Contains Gluten, Wheat, Egg, Milk*

## Plated Breakfast

**Classic**

scrambled eggs, crispy bacon, sautéed potato, roasted field mushrooms, grilled herbed tomatoes

*Contains Egg, Milk*

**Te Pae**

cheese omelette, crispy bacon, smashed potato, roasted mushrooms, grilled herbed tomatoes

*Contains Egg, Milk*

**Eggs Benedict**

Poaka Coppa, poached eggs, onion-tomato jam, hollandaise sauce

*Contains Egg, Milk, Gluten, Wheat*

**Tofu, kale and baby spinach**

sautéed potatoes, field mushrooms, tomatoes, harakeke (flax) seeds

*Contains Soy, Lupin*





## Barista Coffee

**Add a barista coffee cart during your breakfast, to run alongside our standard coffee and tea stations.**

Our skilled baristas can produce approximately 80 coffees per hour.

### Barista Cart 600

*up to two hours*

serving unlimited locally-roasted and freshly-ground coffee

Choice of full fat milk, trim milk, soy milk, almond milk and oat milk

### Self Service Bean to Cup 210

*up to two hours*

serving unlimited locally-roasted and freshly-ground coffee served in 8oz commercially compostable coffee cups

full fat milk